

Staying Safe Online Social Media

The image shows a stylized tablet with a grey border. The screen is filled with a grid of various application icons, including a green phone icon, a white clock, a multi-colored flower, a grey camera, a blue lightning bolt, a red music note, a blue weather icon with a sun and cloud, a black clock face, a map showing a highway with a '280' shield, a blue and white clapperboard, a green and orange landscape, a blue compass, a yellow and white calendar, a black and white line graph, a pink music note, and a 'News' app icon with sub-sections for 'ART', 'TRAVEL', and 'SPORTS'. Overlaid on this grid is the text 'Staying Safe Online Social Media'. 'Staying Safe' and 'Online' are in a grey, rounded font with black outlines. 'Social Media' is in a larger, bold blue font with a black outline and a slight gradient.

- **address**
- **email address**
- **phone number**



Posting Pictures and Videos

Think carefully before posting any photographs or videos of yourself online.

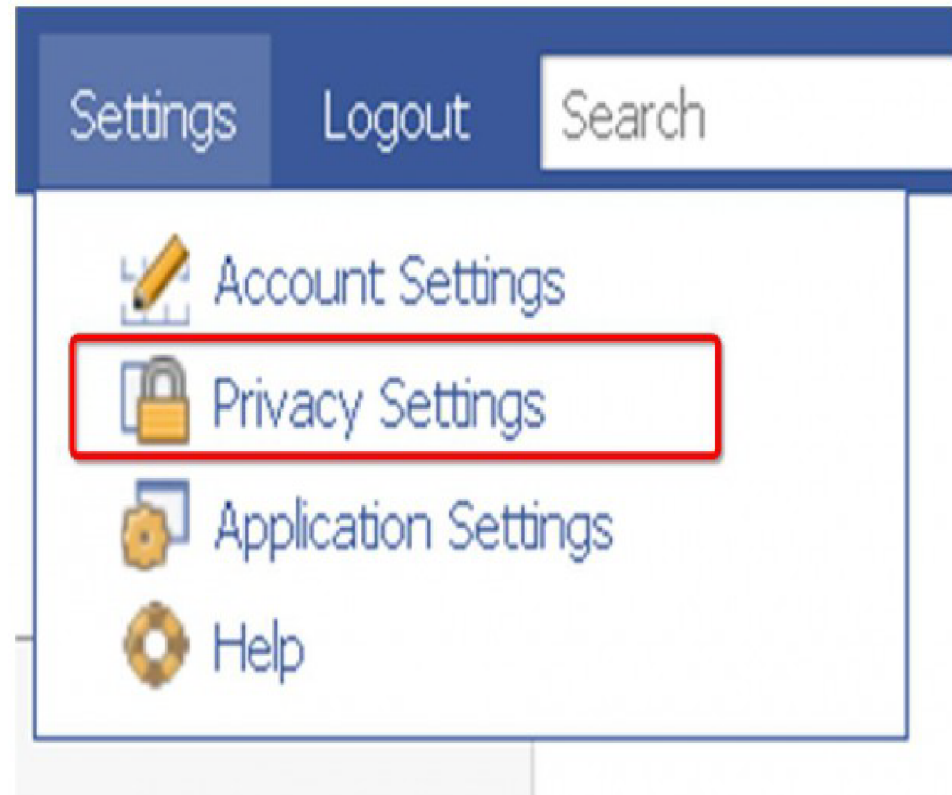
Once the image is online you cannot control it.

Anyone may be able to see it, download it, share it, or do whatever they want with it.

Privacy Settings

Take a good look at the privacy settings in social media websites.

Make sure you have your privacy settings as high as you can. This gives you control over who can see, and share things that you post online.



Passwords

NEVER give out your passwords.

Choose passwords that are difficult to guess
– don't use things like your nickname, pet's name or date of birth.

Change your passwords regularly.

Don't use the same password for all of your online logins.

Making Friends Online

Don't befriend people you don't know in real life.

Some people online pretend to be someone they are not.



Meeting Up

NEVER meet up
with someone
you've met online.
If someone asks to
meet up tell your
parent, carer or
teacher.



What did you say?

Think very carefully about what you say online.

It is very easy for someone to take something the wrong way so be careful and thoughtful with your comments.

If you wouldn't say it to someones face don't say it online.

Respect Everyone

Many people online have different views and you probably won't agree with them all.

That doesn't give you the right to be rude.

Respect other peoples views, even if you don't agree with them.

What to do if you feel unsafe

If you see something online that makes you feel uncomfortable, unsafe or worried:

- leave the website
- turn off your computer if you want to
- tell a trusted adult immediately

